

Dear Readers,

In addition to the travel information on my website www.nepaltravelsandtours.com I would like to draw attention to what there is to know about Nepal besides trekking and adventure. The oldest history of Nepal, like so much in Nepal, is closely linked to countless myths and legends. They tell of gods, saints and miraculous events. One such legend is this:

The Story of Nepte

In the Sindhupalchok District, there is a legend about a leopard called "Nepte" or "Flat-Nose." The story goes that long ago, leopards couldn't climb trees. One day, a cat tricked a leopard into climbing a tree. The leopard climbed up, but the cat quickly ran away. The leopard got stuck and fell, breaking its nose. Since then, the leopard has been called Nepte, which means flat-nose.

Trekking in Sindhupalchok

By the way, Sindhupalchok is a great place for trekking, whether you are new to it or have done it before. If you want to start your trek from Kathmandu, this area has a fantastic route. It's close to Kathmandu and perfect for seeing many places in a short time. Some key spots on this trail are Chisapani, Kutumsang, Thadepati, Melamchi Village, Tarkeghang, Ghanghyul, Sermathang, and Melamchi Market, all through the beautiful Shivpuri National Park.

Thank you for reading. I hope you feel inspired now to explore Nepal. - Thanks for visit soon.

