

Newsletter

May 2025

Dear readers,

"A yeti once approaches a faithful hermit in a cave and soon a fearful tiger is also on the scene. The tiger is about to harm the hermit when the yeti comes for help. Fighting fearfully, the tiger loses its battle. It lies down slain and the yeti disappears. Thus, the hermit makes the good use of the beautiful tiger skin. Thus, it makes one believe that strong faith in religion gives us the power to resist the wild threats."

With the May 2025 newsletter, I would like to once again draw attention to the travel information on my website www.nepaltravelsandtours.com, to the "Trans Bhutan Trail", which winds its way from the east to the west of Bhutan:



On the Trans Bhutan Trail, you can experience Bhutan's impressive culture and nature up close. The trail leads past temples, monasteries, remote villages and towns, over mountain passes, through rice paddies and rhododendron forest, a total 400 sights line the path. These are the highlights along the Trans Bhutan Trail:

- 1. Pelela Pass:** The pass (3'350 m) leads over the Black Mountain, the border between western and central Bhutan. Almost the entire route is lined with hundreds of colorful prayer flags.
- 2. Taksang Monastery (Tiger's Nest):** This monastery is arguably one of the most famous sights.
- 3. The capital:** Thimphu is the seat of government of the king, parliament and administration, but numerous religious sites and attractions also wait you there.
- 4. The Trongsa Dzong:** Dzongs represent the religious and administrative center of a district in Bhutan.
- 5. The Punakha Bridge:** If you walk the entire Trans Bhutan Trail, you'll have to cross a total of five suspension bridges. The most spectacular of these is the Punakha Suspension Bridge.

Thank you for reading. I hope you feel inspired again to explore Bhutan. See you soon!

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